



St. Lawrence College

# voyageur

The Magazine for Alumni  
& Friends of St. Lawrence  
College

SPRING 2009

## Where the Jobs Are

HEALTH'S HOT AND ENERGY IS BUZZING:  
FINDING SILVER LININGS IN THE  
ECONOMIC STORM


Movies, moxy  
and fighter pilots:

MEET OUR PREMIER'S  
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POINTS FROM A  
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## **Notes from the Editor**

**BY JANINE FOSTER** | MANAGER, ALUMNI &  
ANNUAL GIVING, ST. LAWRENCE COLLEGE

**"UNCERTAIN"** is probably the best way to describe our economic state. It probably also describes our own personal states. With what appears to be an ever-shifting landscape, it's tough to determine the location of solid ground.

When I assigned our main feature "Where the Jobs Are" to writer Frank Armstrong, we both knew that definitive answers would be hard to come by, but regardless of present uncertainty, there are things that don't change: like an aging population, a retiring workforce, a shift in outlook that continues to change how we communicate and share information, and an urgent need to address the

environmental impact of our present way of life. The result of the first three "truths" points the way to continuing needs for careers in healthcare, trades and technology – including information technology. But it's the latter issue, captured in the story, "What colour is your collar?" where opportunity to create new fields reside, which is why it became a story on its own.

Whether it's new grads, or "old" grads with transferrable skills, the Green Economy is an area where Eastern Ontario is beginning to take the lead, and SLC and its grads are at the forefront. **==**

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## Lulu lives on

**HOW ALUMNA KATHY CRABBE'S CLASSROOM ASSIGNMENT 16 YEARS AGO CONTINUES TO INSPIRE AND GUIDE HER | BY JANINE FOSTER**

**A LITTLE BIT** of St. Lawrence College lives in the heart of California wine country. Her name is Lulu, and she's been an inspiration to Kathy Crabbe (Graphic Arts '92) ever since she came to life in a Kingston classroom over 15 years ago. Since creating her for an assignment in one of her Graphic Design courses many years ago, Lulu became Kathy's mascot and her muse – inspiring this alumna's creative work since graduation. In fact, Kathy – and Lulu – came to our attention at *Voyageur* when a blogger raved about her beautiful and whimsical artwork, which she sells online at [www.luludesign.com](http://www.luludesign.com)

Kathy came to St. Lawrence after obtaining her degree in Art History from Queen's. She was looking for a way to turn a lifetime of creativity into a career, but graduating in the recession of the early 1990s, she found it difficult to find a full-time job in Graphic Design.

Which turned out to be a blessing in disguise.

"I never really wanted to work for somebody else," says Kathy with a chuckle. "It doesn't suit me." While she credits her courses at St. Lawrence for teaching her how to make a living, the fact that she was able to sample various elements of graphic design through part-time, freelance and project work in the early years after graduation showed her that working for herself was her goal.



"The critiquing part of Graphic Design was really helpful because it prepares you for showing your work," says Kathy, who sells both online and at the very large art shows that are a large part of the California art scene.

Lulu evolved into other forms of expression, until one day, the right-handed Kathy decided it was her left hand's turn to create. Or, as she likes to put it, "my right hand lost its sense of humour" and the Lefties were born.

These whimsical characters have caught on – actor Will Ferrell has one in his collection – and helped inspire her next business move: the introduction of an online Soul Reading service, where traditional Tarot Cards are replaced by her custom created card decks – including the Lefties.

A lifelong interest in the metaphysical, combined with the welcoming culture of California made it easy for Kathy to turn her interest into what is now the fastest growing part of her business. Her online Soul Readings are performed for clients around the world, but it's something she recognizes would have been difficult to launch in Eastern Ontario. "Here there's a lot more openness to alternative ways to look at life," says Kathy.

While she has thrived in California Kathy still has a soft spot for Eastern Ontario and is currently building a cottage in Gananoque. "Someday I'd like to see us spend six months at the Cottage and six months in California," she says.

One guess which six months. 



## Flying High

**WHAT DO A FIGHTER PILOT, A HOLLYWOOD ARTIST AND A HIGH TECH CHANNEL SURFER HAVE IN COMMON? ALL THREE OF THESE ALUMNI ARE THE ST. LAWRENCE COLLEGE 2008/09 NOMINEES FOR THE ANNUAL PREMIER'S AWARDS**

Each year Ontario colleges recognize their outstanding alumni by nominating them for the annual Premier's Awards for College Graduates. And at St. Lawrence College, it's always a tough decision. So many of our alumni have gone on to distinguished careers, it's a good thing we get to nominate a new crop every year.



**TIM WARNOCK, GRAPHIC DESIGN, 1993**  
**Owner, The Next Side, Just Completed:**  
**Lead Matte Painter on the film, *Australia***

**TIM WARNOCK** had no way of knowing when he enrolled in the Graphic Design program of St. Lawrence College's Cornwall campus that a computer would become his canvas and his work would be seen by millions around the world.

While he grew up loving the movies, and appreciating their artistic merit, for a boy from Cornwall, working in the movies was right up there with "rock star" as an unlikely career aspiration.

But it was a desire to make art his life work that brought him to St. Lawrence in the first place, and launched him on his current path as an in-demand matte painter and concept artist, with 10 major motion pictures to his credit in the last three years.

While at SLC, it was his illustration class that captured Tim's imagination and inspired him to pursue that field, enrolling in the illustration and design program at Dawson College in Montreal after graduation. But as he freely admits, illustration may have been his

passion, but Graphic Design is what made pursuing it possible. Working in agencies and as a freelancer, Tim worked as a designer/illustrator for the first five years after graduation, but got his start in the entertainment industry when he joined SilverBirch Studios to work on a project for a video game version of a major motion picture.

That same year he began to expand his computer skills beyond the graphic design standards, adding XSI, Painter and After Effects to his software palette. A Photoshop pro when it came to photo manipulation, Tim admitted in one of the interviews he gave to a website dedicated to digital art that he was hesitant to use the program to create art, clinging to a "purist" vision of paint tubes and canvas. Today, he is a digital artist to the core, finding the new technology allows him to create and explore ideas faster and with greater freedom, while at the same time expanding his creative exploration into a new realm, with the addition of 2D, 2.5D and 3D adding depth, dimension and motion. Today,



"my brushes sit neglected, while my Wacom tablet receives much love" he writes on his website.

Tim's artistry is a silent player on the screens he illuminates, but their presence is integral to capturing the director's vision. Whether it's the brightly-coloured optimism of *Hairspray*, or the whimsical child's fantasyland of *Mr. Margorium's Wonder Emporium*, or the moody and menacing setting of *The Number 23*, his work evokes emotions without ever saying a word.

But while it is his talent that has opened many doors, it is a professionalism borne of a career in meeting the needs of clients that keeps them coming back. As one video effects (VFX) supervisor notes, it is not only his gift, but his eye for detail and the fact that "Tim will always go beyond what's expected and brings the shots up to a level far beyond" that has made him an in-demand artist who has been able to maintain his home studio in the Toronto area, while travelling the world for his work.

**JEFF WHITNEY, DATA PROCESSING, 1984**  
**Vice President, Global Marketing, Intransa Inc.**

**WHEN** Jeff Whitney graduated in 1984, it was called Data Processing. Computers were just beginning to take over the world, and this former president of the Cornwall Campus student union was ready to do the same. Recruited right out of the college by Canada Packers, he rose through the industry taking on a variety of challenging assignments for both fast-growing startups and major, vertically integrated vendors. Jeff Whitney has been described as "the marketer's marketer", in part because not only is he a



self described sales evangelist, but his technical background meant he was able to speak the language of his customers.

Starting as a technologist, he worked his way up from network analyst at Canadian firms Canada Packers and CIL, eventually moving to Antares in his first sales position where he used his hands-on knowledge as an analyst to meet the needs of his customers. Promoted to director of corporate marketing at Antares he moved on to the much larger Amdahl Corporation first as an area marketing manager, then as director of channel marketing and business development, and finally as senior director of marketing. Now firmly ensconced in the heart of the action in Silicon Valley in California, Jeff continued to do the same for HAL Computer Systems and Fujitsu Technology Solutions, two companies where he was vice-president during a period of rapid mergers and acquisitions within the tech sector between 1999 and 2003.

For Jeff Whitney, riding the ebbs and flows of the tech market is sport, and networking is more than just something computers do. He has used his ability to connect with partners and build relationships to further the growth of the companies he works with.

In 2003 he joined Spinnaker Networks Inc. to lead worldwide channel sales and business development for the company, inheriting a failed channel program and proceeding to eliminate half of the program members in the first 60 days and doubling the number of partners in the first 90 days, resulting in 80% of U.S. and 100% of international revenue for the company.

His hands-on approach to program design, delivery, recruitment, training and management of resellers worldwide took the company from startup to acquisition by Network Appliance Inc. a year later. Network Appliance put his channel development skills to the task of enhancing what was then a minor revenue stream through resellers and integrators. Jeff's skills at one-on-one recruitment and training drove revenue through the channel up by 229%.

It should come as no surprise then that Jeff was recruited to join an executive turnaround team to rescue the failing MaXXan Systems, a task that caught the attention of Intransa Inc, which was refocusing its efforts on the growing IP storage, services and solutions markets. In the hot Silicon Valley tech market, a long resume is like battle scars. Many companies start up with the ambition of being taken over by larger players, and creating market buzz is key. It's not a career for the faint-of-heart, but for Jeff Whitney and his contemporaries, "have skills, will travel" is a trademark of two decades in a business that is itself only a few decades old.

**CHARLES "DUFF" SULLIVAN,  
CIVIL ENGINEERING 1978**

**Brigadier-General, Director of Air Component Element, Afghanistan**

**FIGHTER** pilot, squadron leader, commanding officer. A decorated Brigadier-General in charge of NATO air resources in Afghanistan, Charles S. "Duff" Sullivan has seen his career soar since graduating from St. Lawrence College in 1978.


Duff Sullivan graduated from St. Lawrence College's civil engineering program and in January 1979 joined the Canadian Forces. His college education allowed him to attend the Canadian Forces Officer Candidate School in B.C. and he was commissioned as an officer in April of that year. He received his Pilot's Wings in February 1981 and was a flying instructor of Tutor aircraft for four years before undergoing fighter pilot training on CF5 and CF18 Hornets in Cold Lake, Alberta – a place he would return to twice in his subsequent career, as commanding officer of a tactical fighter squadron, and as commander of 4 Wing, Canada's busiest air base.

Duff Sullivan's rise through the ranks has coincided with a program of continuous learning. He earned his Baccalaureate in Military Arts and Science from Royal Military College; graduated



from the Royal Air Force Command and Staff College in Bracknell, England; the Advanced Military Studies Course and National Security Studies Course at the Canadian Forces College in Toronto; and the Combined Force Air Component Commander Program at the USAF Air University in Montgomery, Alabama.

Among his long resume are a number of special appointments which demonstrate his ability to not only multi-task, but to handle important and sensitive assignments. He was appointed co-president of the US-led Combined Investigation Board convened to investigate the friendly fire incident during Operation Medusa near Kandahar, Afghanistan that led to US fighter pilots firing upon Canadian troops in 2006. He was also Chief Evaluator on NATO's Tactical Evaluation Team and member of the NATO Working Group responsible for the development of Combined Air Operations Centres.

BGen Sullivan has over 3500 flying hours on jet aircraft -1600 with the CF18 during three operational fighter tours on three different Tactical Fighter Squadrons in the first Gulf War, Bosnia and Kosovo. Immediately prior to the 12-month appointment with ISAF in Afghanistan – which rotates among NATO countries – he served as the Senior Defence Advisor on the Foreign and Defence Policy Secretariat in the Prime Minister's Privy Council Office. 



## Zoom Zoom

AT CORNWALL DEALERSHIP, IT'S ALL SLC ALUMNI, ALL THE TIME | BY REINA RUEST

**CORNWALL MAZDA** on Rosemount Avenue has a unique team of technicians. The team of three certified and one apprentice service technicians are all St. Lawrence College graduates. "They're a great team of professionals," says Mark Conti, one of the three owners and operators of the family business. "They were all hired directly from the College, some even before they graduated."

There are two automotive programs at St. Lawrence: a 40-week program and a two-year co-op, diploma, apprenticeship program. "We've hired from both programs," offers Conti. "We like to hire our technicians directly from college and we supplement their education with Mazda factory training." Mark, along with his brother Richard Conti, who is the Service Manager and a St. Lawrence College graduate, knows the



teachers in the Motive Power Technician program at the College by first name. "When we're in hiring mode, we contact Marc Daigle at St. Lawrence and recruit from his program," he confides.

Bob Melrose, College coordinator of Trades, says the College has a great partnership with Cornwall Mazda and many other dealerships in town. "The local automotive industry is a great supporter of the College programs and our students really benefit from the participants' expertise."

Prospects for even more graduates from the Co-op Apprenticeship Program were bolstered recently when the Province announced it would fund new spaces in the apprenticeship program –

a total of 40 to be shared between Automotive and Welding/Fabrication.

According to Conti, there is a huge demand for service technicians. "It's a great career for those with an interest in trades," he says. The job is highly technical, and the career is stable. "It doesn't fluctuate with the economic highs and lows," he says. "There is always a need for the servicing of vehicles no matter what the economy is doing." And with some industry watchers predicting that cash-strapped consumers are likely to hang on to their cars longer before buying new, it's a career with good prospects even because of the economy. ≡

## From ECE to Rubber Room

FORMER STUDENT PROVES YOU CAN'T JUDGE A BOOK BY ITS COVER

**TAKE** one look at Christopher Wilkinson and you'd think he belonged in some kind of rock band. But his eyes and demeanour give him away. That, and the meaning behind some of his tattoos, should you get close enough to read one.

"Knowledge is power -- arm yourself," reads one that decorates an arm.

He's also a naturally funny guy who makes his living as a comic and as a part-time childcare worker. Wilkinson, who lives in Barrie, has just released his first book, a compilation of comic writings on everything from politics to celebrity culture and some quite wacky subjects in-between, called *Rubber Room Semantics*.

Wilkinson, 30, was always a funny guy in school and jokes he almost made it a career. He started out doing stand-up

and hanging out in comedy clubs, even travelling to New York City every year to take advantage of amateur night at almost any club.

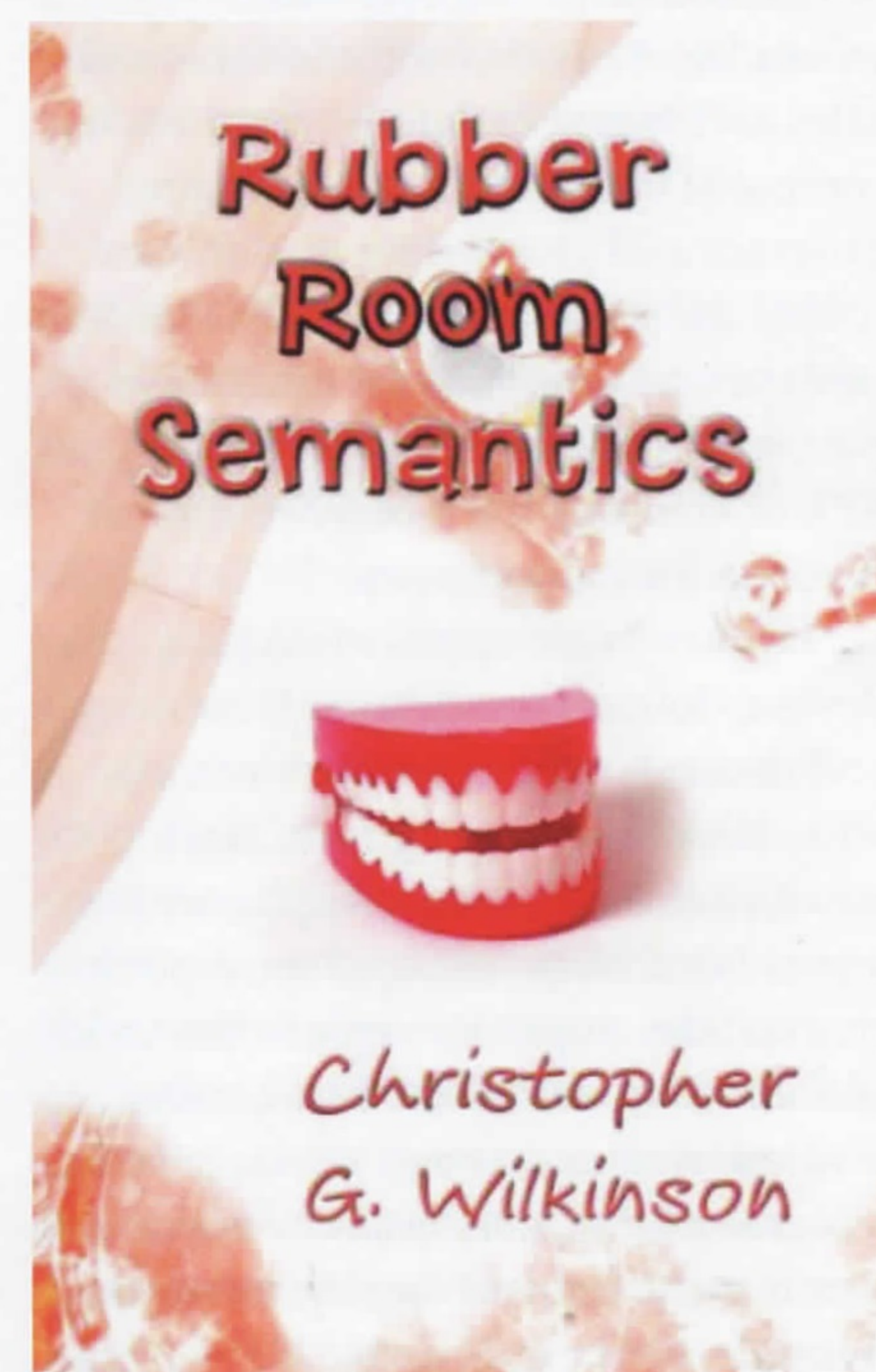
"(It was) always something I thought about but it's such a hard thing to do," says Wilkinson, who nevertheless developed some friendships over the past five years and now writes material for several different stand-up comedians.

Instead, a couple of years out of high school, he enrolled in St. Lawrence College, Kingston's ECE program, once he found out such a course was available. Not a typical occupation for men, the program reflected that; he was the only guy among 140 girls.

It was his girlfriend who encouraged Wilkinson to assemble his comedy writing in a book. English was his favourite subject in school and he's always enjoyed writing. "(I) try, when it comes to comedy, not to fall into any mould," he says. "I've tried to keep myself open to everything so I can do anything. I like to try and find a joke in anything."

Wilkinson's book is available online Amazon.com, or Barnes & Noble.

-Reprinted with permission from the Barrie Examiner ≡





## Road Tested

**FOR MEG CASHMAN, SLC MADE HER ROAD-READY | BY REINA RUEST**

**MEG CASHMAN** wanted to be a paramedic for as long as she can remember. She was working in a call center, in a job she hated. One day, a customer chatted about being a paramedic and spoke enthusiastically about the really great things she liked about her job.

"I applied for college that night!" reveals Meg.


Today, Meg is a Primary Care Paramedic for the Leeds Grenville EMS covering the area between Kingston and SD & G. "I always knew I wanted to work with people. I originally went to school to be a Physiotherapist Assistant," she explains. However, that career did not provide the challenges and the excitement Meg was looking for in a job. "Paramedic was one of those things in the back of my mind that I wished I could be but I never thought I could do. Finally, I went for it!"

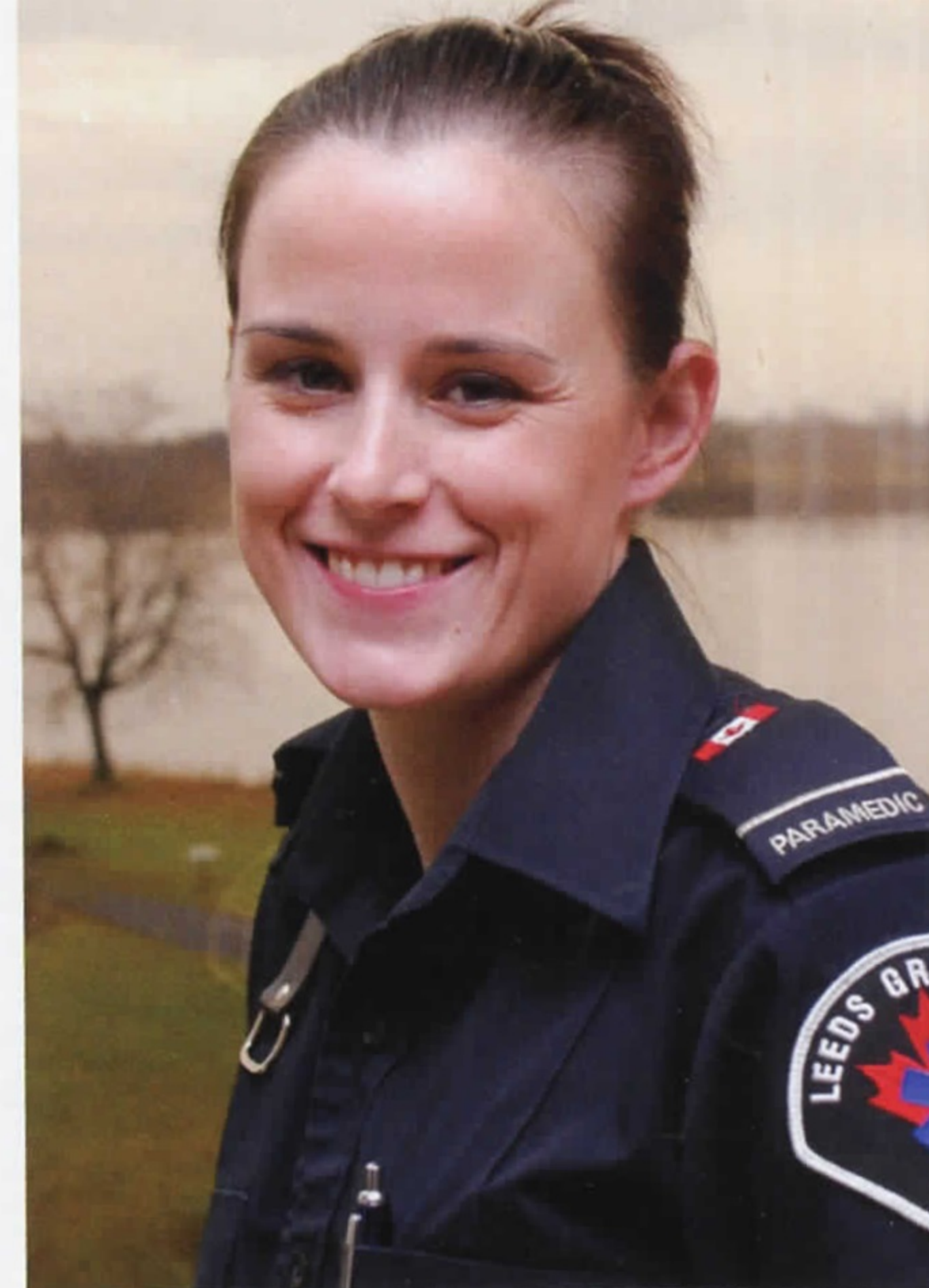
Meg is happy she did. She says that the transition from student to paramedic was relatively easy and painless. "I learned as much as I could while I was a student, and that made my first few weeks on the job much easier." The four months of consolidation were key in helping her be well prepared. "It was great that my last semester of school was a time I could concentrate solely on my road experience and not have to worry about school assignments or tests," she continues.

Meg's list of enjoyable things is endless. "The facilities are fantastic," she says. "Full of everything I needed to practice my skills and to know all the equipment that I would be working with every day. Everything in the lab is exactly what services out there, and not just the local service but others across the province as well!"

As for the faculty, Meg couldn't say enough. "They are truly caring about

everyone's success and they work their hardest to help us all achieve our goal. They would literally do anything they can to do that!" she insists. "They really made us all understand what the job is all about."

Meg's overall experience at St. Lawrence College was everything she had hoped for. "The in-class theory gave me knowledge, the lab experience taught me the skills and consolidation put it all together and built my confidence to do the job successfully." 




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*Doug Williams is one of the lucky ones. His move from insurance to healthcare has made him a valuable commodity.*

# Where the Jobs Are

**HEALTH'S HOT AND ENERGY IS BUZZING. WHETHER BY LUCK OR PLANNING, SOME ALUMNI AND STUDENTS ARE FINDING SILVER LININGS IN THE ECONOMIC STORM.**

**BY FRANK ARMSTRONG**

**WHEN** Doug Williams returned to school in 2005 to study nursing, he wasn't thinking about the potential for a recession or worrying about long-term employment as many people are today.

Nonetheless, the former insurance marketer from Lennoxville, Que., thanks his lucky stars that his need to get out from behind a desk and follow his interest in health sciences turned him toward nursing.

Four years later, while thousands of Canadians are losing their jobs in the global recession, Williams is enjoying a challenging career at an Ottawa occupational health and travel medicine clinic while working part-time at the Brockville Mental Health Centre.

With practical nurses in short supply, Williams has been able to take on far more challenging responsibilities than would have been possible a

decade ago. He also has no fears about future employment.

"Healthcare is really important to everybody, so I'm pretty confident in my industry we can weather through the recession," says Williams, a 2007 graduate of the practical nursing program at Brockville campus.

Indeed, as Ontario sheds tens of thousands of jobs in insurance, finance, real estate, manufacturing and other sectors, many economists believe job prospects will remain strong in several key career areas. These include healthcare and pharmaceuticals, energy and utilities, food production, government, accounting services, and education.

Almost half of the careers given "good" employment prospects by Service Canada on its career planning Web tool, [jobfutures.ca](http://jobfutures.ca), are in the healthcare industry. The top-ranked 2009 employment prospects that are achievable with a college education are all healthcare related and include careers in dental hygiene, health technologies, medical laboratory technologies, and nursing.

Regardless of the recession, demographics will play a huge role in driving the changing job market, says Doug Watt, associate director of the Research in Organizational Effectiveness and Learning Group at the Conference Board of Canada. Canada's largest demographic, the baby boomers, will begin to retire over the next 10 to 15 years, driving new demand for the products and services they need as they age, says Watt.

"Right away, the things that come to mind are healthcare, probably leisure and more leisure activities, not necessarily sports, but tourism and the whole industry of homes for the aged and also pharmaceuticals, bio-health and all the sub-sectors that come with it, such as biopharmacy and biotechnology," he says.

Government employment will remain strong and the service industry will endure, as will construction that is



involved in short-term infrastructure projects, so demand for people with skilled trades will continue, he says. Manufacturing, Ontario's employment base, will adjust slightly to address environmental concerns.

There will be work for people involved in retooling factories to make them more efficient and more competitive and less environmentally destructive.

"I could see some manufacturing plants shifting from one industry to another," Watt says. "Instead of producing widgets, they would produce wind turbines."

The energy sector will remain strong, especially in nuclear, while the technology sector's future remains bright, especially in information technology.

In the new economy, Watt says, individual success rests upon four pillars of skill: the ability to come up with new ideas; the ability to take calculated risks and be entrepreneurial; the ability to develop good workplace relationship skills; and the ability to turn ideas into products, services, and processes.

Anyone who is looking to shift to a new career should try to fit this profile. They should also follow their passions as opposed to following job trends because employment prospects shift frequently, he says.

"Find something that you like and pursue that more than chasing after what you think is a good career because it's going to pay well," he says. "Ultimately, your satisfaction and your ability to function is a function of your skills, your attitude and your behaviour."

Denis Thibault is the executive director of the Eastern Ontario Training Board, a provincial government-funded organization that coordinates labour market development in the counties of Prescott, Russell, Stormont, Dundas and Glengarry.

In that area, there is high demand for accountants, healthcare workers and police and firefighters, and also for skilled trades people, such as electricians, millwrights, heavy equipment operators, and mechanics. Thibault says.

"The other thing we're finding with the changing of the economy is that the new jobs require more essential skills such as basic computer skills, communication skills, good literacy and ... being able to work in a team environment," he says.

St. Lawrence College is doing its part to provide training for people who want to work in new sectors, says Lorraine Carter, vice-president academic.

The College's first class of Energy Systems Engineering Technician and Technology graduates, who are trained to service wind turbines and other renewable energy systems, graduated last year. All of them are believed to have found green work, including on the wind farm at Wolfe Island.

This September will mark the launch of the College's new two-year wind turbine technician program. With the amount of renewable energy generation in Canada expected to more than

**"Find something that you like and pursue that more than chasing after what you think is a good career because it's going to pay well."**

triple over the next five years, it's expected there will be plenty of future work for graduates.

The Cornwall campus, which also offers the Environmental Technician program with a focus on water quality, has both the green and the tech sector covered. Starting this September, Cornwall will be home to a Game Development technician program, preparing grads for the hot video game market which is coalescing around Montreal.

To address the growing need for healthcare workers, St. Lawrence College provides nurse training at its three campuses, in Kingston, Cornwall, and Brockville. A four-year nursing degree, run in partnership with Laurentian University in Sudbury, is provided at all three sites, while a two-year registered practical nursing diploma is also offered at each campus.

"Most of the students have jobs before they even graduate," Carter says.

Other high employment programs are energy systems and environmental technology, police foundations, biotechnology, the personal support worker certificate, and medical laboratory science.


Julie Dyke, the coordinator of the Cornwall campus Bachelor of Science Nursing program, which graduates its first students this year, says she expects all 15 graduates will easily achieve employment.

"Those who are looking have found work already," Dyke says.

With many nurses on the verge of retirement, a nursing shortage is already becoming apparent, she says, noting that Ottawa alone has more than 700 nursing vacancies posted. The result of those shortages means it's a great time to enter nursing. Previously, new nurses would spend years in general practice before getting a chance to move into specialty areas; now they are being hired directly for emergency rooms and intensive care and neonatal units, Dyke says.

"It's getting to the point where the job postings go up and we can't fill them," says Shari Batson, coordinator of the medical laboratory science program at Kingston campus.

Medical laboratory technologists work in research laboratories, hospitals, and health units, and there is now a nationwide shortage of them, Batson says. "Most lab workers are 45 to 55 years old so of course they are all going to retire and now all the human resources personnel are panicking because they can't fill these positions," she says. "There's never been a better time in this field."

Doug Williams, the Brockville practical nursing graduate, feels the same about his career choice and the potential for on-the-job growth and challenge. And like many alumni, he's found opportunities beyond where he thought he'd go. "I graduated as a nurse and I am now in a totally different field. We didn't even learn in class what I am doing today," Williams said. "I love it." 



wind farms could produce more than 2,300 megawatts - enough electricity to power about one million homes.

Wind farms aren't the only renewable energy projects on the way. A 300-acre 19-megawatt solar farm is also now under construction in Stone Mills Township, while another is planned near Hawkesbury, east of Ottawa.

Also, Toronto's Everbrite Solar Industries announced in March that it plans to build a \$500-million photovoltaic factory in Kingston. The company expects to create 1,200 direct and indirect local green collar jobs.

Also, in Joyceville, near Kingston, entrepreneur George Scott, CEO of Scott Environmental Group, has

**"Renewable energy is here to stay," he says. "It's recession proof."**

launched Norterra Organics, which processes organic material generated by a new Kingston curbside compost recycling program. The College was a leader in this area, signing on early to divert its organic waste from the kitchens of the culinary program earlier this year. In April, Scott announced his company would start collecting and consolidating discarded computer monitors, hard drives and keyboards from across the province.

With so many new renewable energy and green projects coming online, St. Lawrence College continues to establish itself as a leader in training for the green collar economy.

It has received funding from Natural Resources Canada to lead development of a national solar curriculum to create seven courses in solar hot water and solar voltaic technology free of charge for colleges across the country. "In doing that, we establish ourselves as the lead solar college in our country," Young says.

To address the exploding wind energy business, the college will launch a wind turbine technician program in September, with funding announced by the Premier a few months ago.



It is also working on a geothermal engineering program that may launch as early as 2011. Geothermal engineering uses heat from the earth to create electricity.

And then there's ESETT. The program that started the College's green shift ESETT students are trained to conduct environmental audits and to work with solar water heaters, solar voltaic systems, wind turbines and gas furnaces. It's believed that all 15 of last year's graduates - the program's first graduates - found jobs in the green collar economy.

Young expects employment prospects will remain strong for these graduates. "I'm sure they'll all have jobs this year and next year. There's just no question about the speed at which this industry is growing," he says.

The program also provides two entrepreneurship courses to equip graduates with business skills. It's expected that many of these graduates will not

*Read Kelly: The ESETT grad is creating his own green business*

only work in the emerging green economy; they will also be involved in developing it.

Third-year ESETT student Read Kelly launched a green technology business several months before graduating.

At press time, the company was so new that it didn't yet have a name. However, Kelly plans to import and distribute solar panels that will generate heat and hot water for homes and small buildings.

With help from Huang, who emigrated from China to Kingston in 2003, Kelly and two others are importing the panels from China. They are setting up a distribution and installation network of certified contractors.

"All the existing solar companies in the Kingston and Napanee area, except for one, already want to purchase our product," Kelly says.



# Annual Appeal 2009/2010

Yes! I want to help our students grow!



St. Lawrence  
College  
FOUNDATION

NAME: \_\_\_\_\_

PROGRAM: \_\_\_\_\_

YEAR OF GRADUATION: \_\_\_\_\_

CAMPUS: \_\_\_\_\_

STUDENT NUMBER (IF KNOWN): \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ EXT. \_\_\_\_\_

EMAIL: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

PROV: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

## → A. I WOULD LIKE TO SHOW MY SUPPORT BY:

☐ Ensuring the accessibility of a St. Lawrence College education by supporting the endowed student bursaries in:

☐ Kingston ☐ Cornwall ☐ Brockville ☐ College-wide

☐ Providing St. Lawrence College with the ability to meet its most pressing needs

☐ Directing my gift to an area of personal interest: \_\_\_\_\_

## → B. MAKING MY GIFT IS EASY:

**Monthly Pledge:** I prefer to make my gift in monthly payments by

☐ Credit Card (complete information below)

☐ Post-dated cheques (payable to St. Lawrence College)

Monthly gifts of \$ \_\_\_\_\_ Start Date (month/year) \_\_\_\_\_ End Date (month/year) \_\_\_\_\_

**Annual Gift:** I prefer to make a single gift of: \$ \_\_\_\_\_ by:

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**CREDIT CARD INFORMATION:** ☐ Visa ☐ MasterCard

Card No: \_\_\_\_\_ Expiry date: \_\_\_\_\_

## → C. OTHER:

☐ Please have someone from the College's Foundation Office contact me regarding planned giving options (gifts through a bequest or insurance).

☐ I have made a provision for St. Lawrence College in my will.

☐ I wish to have my contribution remain anonymous.

☐ I am interested in volunteer opportunities with St. Lawrence College.

Signature: \_\_\_\_\_

Please use the postage-paid envelope enclosed or return to:

St. Lawrence College, Room 02000, 100 Portsmouth Avenue, Kingston, ON K7L 5A6

Charitable Tax Receipts will be issued by the College.

VY08

**THANK YOU FOR YOUR SUPPORT!**



## Golfers make the Grade

**THE 16TH ANNUAL ST. LAWRENCE COLLEGE FOUNDATION GOLF TOURNAMENT | BY KATHY GRAY**

**THIS** event, which sells out quickly every year, is a combination "friendraiser" and "fundraiser" for the Foundation. The St. Lawrence College Foundation oversees the various fundraising activities undertaken on behalf of the College, as well as the management and allocation of the funds received. The Foundation was incorporated in 1998 and is comprised of a volunteer Board of Directors. The work of the Foundation has benefited a variety of programs on all three campuses. The proceeds from this year's tournament will be used to support student awards given out Fall 2009.


The 2009 tournament was held at Smuggler's Glen on May 28 and was again a great success. The Foundation is pleased to recognize our Major Tournament Sponsor, Ameresco Canada.



We also acknowledge our Corporate Sponsors who are listed below whose

continued participation ensure this is one of the best tournaments in the area!

ACL Associates  
BMO Bank of Montreal  
Bell Canada  
Brookgate Investments  
Campus Living Centres  
Canarm Ltd.  
CIBC Commercial Banking  
City of Cornwall  
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REsolutionstech  
Shell Canada  
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Stantive Technologies Group Inc.  
Thompson Rosemount Group  
Xerox Canada

Next year's tournament is scheduled for Thursday, May 27, 2010 location to be determined. To have your name added to the list of invitees or to discuss sponsorship opportunities, please contact the College's Development Office. 



*Foundation Chair Peter Gault with the nursing students being supported by the St. Lawrence College Foundation's Extraordinary Learning Opportunities Fund.*

## FOR ALUMNI ONLY

If your child is attending St. Lawrence College, he or she may be eligible for the Meloche Monnex Child of Alumni Bursary.

September 30 is the deadline for application. Go to [www.stlawrencecollege.ca/awards](http://www.stlawrencecollege.ca/awards).

**Make St. Lawrence College a family tradition! The Child of Alumni Bursary can help**



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## Foundation Funds Engage Alumni

**THE** St. Lawrence College Foundation has stepped up to support a new initiative designed to enhance the student learning experience at St. Lawrence College. The *Engaging Alumni Fund* is now available to students and faculty and has proven to be both popular and effective.

"Our goal was to support student initiatives which connected them with our alumni," says Frank Lockington, Director of Alumni & Development at the College. "The student's proposals to access the funds were certainly creative."

This school year, 65 alumni served as guest speakers in classrooms at all three campuses of the college. The fund was used to purchase modest speaker acknowledgement gifts which students presented to their guests. As well, several special projects where graduates spoke at student conferences or hosted student workplace field trips were supported.

Graphic Design students attended an Ontario Graphic Design show and were hosted on-site by alumni of their program. Child & Youth Worker students organized a conference for over 250 CYW students, alumni and CYW professionals.

A second fund, *Extraordinary Learning Opportunities* has also been created to support initiatives where students can extend their learning beyond the classroom. This past year nine nursing students traveled to Ghana to work in villages providing medical aid and a team from the School of Business successfully competed in the Ontario Colleges Marketing Competition. This spring, students from Culinary and Esthetician programs represented the College in the Ontario Skills Trades Competition. Another group of nursing students is heading overseas, this time to Nepal.

The St. Lawrence College Foundation launched the two to programs this year with an initial investment of proceeds from a special event. "We hope to continue the program," says Lockington. "Every we hear back from the students reifies the need and value for the initiative."

Alumni and friends of the College wishing to support either Fund contact the Foundation 1-800-228-4660 or email [donation@sl.on.ca](mailto:donation@sl.on.ca) or online at [www.givetosl.com](http://www.givetosl.com)



**St. Lawrence College**

### Marianne van Silfhout Gallery

St. Lawrence College,  
Brockville campus

We invite you to discover our state-of-the-art community art gallery. For information on upcoming exhibitions please call 613-345-0660, or email [mvs-gallery@sl.on.ca](mailto:mvs-gallery@sl.on.ca)



**GALLERY HOURS:**  
Tuesday to Friday  
10:00am to 8:00pm  
Monday & Saturday  
10:00am to 4:00pm



## Grad Bash 2009

In three cities, on three campuses, over three weeks, we welcomed the newest members to the St. Lawrence College Alumni family! The graduating class was invited to lunch and learn about the opportunities and benefits open to them as SLC Alumni and, as one student said, "I feel pretty special!"

This year almost 2,700 students will join the Alumni ranks, and they learned how they can keep in touch with the College and one another through volunteer opportunities, reunions and, of course Alumni Perks in the form of discounts and exclusive benefits.



*Too much to read, no hands to eat.  
A Cornwall grad gets her fill.*



*Kathy Gray of the Alumni Office is the  
"traffic cop" at the Kingston event*



*Jessica Mommertz, a bursary student  
working with the Alumni office this year,  
serves up a congratulatory piece of  
cake at the Kingston event.*



*Feeding the Shark: Even the mascot of the  
"shark tank" needs a bite now and then.*



*Happy to be graduating at the  
Kingston campus bash*



*Brockville pre-service firefighter grads oversee the  
grilling by volunteers from the Student Council.*



*Brockville Alumni Branch president Keith  
Hare manned the registration table to wel-  
come the soon-to-be alumni.*



## Keeping 'Tabs' on Ms Murphy

BY JIM CLARKE

**GO AHEAD**, pick a cliché. Tabatha Murphy defies them all. The 18 year-old from Prescott, Ontario is an exception to every preconceived notion. At first glance people might expect the blonde teen to fit the obvious stereotypes. She doesn't. A recent graduate of South Grenville District High School, Murphy just completed her first year of the Police Foundations program at the Brockville campus. Something else people wouldn't know right away is what she does during her spare time.

"I love to play baseball – I've played nearly all my life," she says with a smile and a twinkle in her eye. "But racing has become a huge passion. It's not something everyone gets to do and people certainly don't expect it of me. When I tell people about driving the racecar, they always think I'm kidding. If they don't believe me, I just invite them to come to the track and see for themselves."

2009 will mark Tabatha Murphy's 4th season behind the wheel of a DIRTcar sportsman modified at Brockville Speedway. While she says her long-term plan is to pursue her obvious career path as a police officer, Murphy says the sport of stock car racing will always be part of her life. Often seen wandering the pit area with her pug 'Peanut' at her side, the young lady with the heavy right foot says she enjoys the friendships she's made at the track.

"It's fun – we have a great time," says Murphy. "We got an offer from Dingwall Motorsports a few years ago and it's all grown from there. Obviously, I'd love to win all the time but we're doing it as a hobby and if we weren't having fun, I don't know if we'd be racing at all."

Murphy is looking forward to an awesome year at Brockville and might even travel around a little, depending on her schedule and the team's finances. She says she has noticed her fan base growing year after year and appreciates the level of support she receives.



The highlight of Tabatha Murphy's 2008 season was picking-up the win in a match race with Jessica Power.

One thing's for certain – when the green flag waves, there'll be a huge crowd in the stands at Brockville Speedway keeping tabs on Tabatha Murphy.

*Jim Clarke is the owner of Clarke Motorsports Communications. This article is reprinted with permission and first appeared in Inside Track Motorsports News.*

*Photo attachments (by Jim Clarke – Clarke Motorsports Communications)*

## Student club gets top marks in Toronto

BY ANDREW FLECK

A team of St. Lawrence College students took first and second place in the ACE Canada's Central competition in Toronto early this year.

In its inaugural year, SIFE SLC - Students in Free Enterprise at St. Lawrence College - won an unprecedented first place award and \$1,500 for its "Financial Literacy" program, and a second place finish and \$1,000 for its "Entrepreneurship" program. SIFE SLC competed with 16 prominent Universities and Colleges for the central competition. They were to compete in the National competition in May, though results were not available at press time.

"This is the first time a start up team has ever taken home a first place award not to mention a second place award," says Armin Zohrabi, Manager, Program Development, ACE Canada. ACE stands for Advancing Canadian Entre-



preneurship and is a charitable organization that encourages college and university students to bring business know-how to highlight community development and educational initiatives.

With support from all levels of St. Lawrence College and community support and sponsorship from Unity Savings, McCoy Bus, St. Lawrence SA, and Sir Gawain Fashion, SIFE SLC runs programs which provide money management skills to students, especially the 60% SLC students currently receiving OSAP. The group has launched other program, including providing a link between Energy Systems students and not-for-profit housing to conduct energy audits. The win/win initiatives provides ESETT students with entrepreneurial tools and funded agencies with energy saving options.

Find out more about the work of these enterprising students at [www.slc.sife.ca](http://www.slc.sife.ca).



## Continental Shift

### FIREFIGHTER STUDENTS WASH UP FOR A CAUSE

A warehouse in Brockville was beehive of activity earlier this year when 32 St. Lawrence College pre-service firefighter students went to work preparing three fire trucks to be sent to Belarus.


The trucks were donated by the City of Kingston and other municipalities to be sent to communities in Belarus that are unable to afford the expensive equipment. The project was organized through Canadian Aid for Chernobyl, a Brockville-based organization that was started to help children affected by the Chernobyl nuclear accident in the 1980s, and has grown to include community development projects.

"It's a great feeling to be a part of this effort," student Rocky Peterson said at the time "We take fire protection for granted in Canada, and this project has really opened my eyes to the needs of some very economically depressed re-



gions of the world. It's been an amazing learning experience."

The trucks arrived at their destination in April and the firefighters of Belarus were trained by four Canadian firefighters who introduced them to the new equipment.

For more information on Canadian Aid to Chernobyl, visit their website at <http://www.canadianaidforchernobyl.com/home/> 

## Leave a Legacy AT ST. LAWRENCE COLLEGE

  
**St. Lawrence  
College**  
FOUNDATION

The St. Lawrence College Foundation provides assistance to individuals considering a personal planned gift through bequest or life insurance. Personal or family named bursaries, scholarships and awards are among the numerous opportunities donors have to leave a legacy of education at St. Lawrence College.

For information on giving to St. Lawrence through The St. Lawrence College Foundation contact us:

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St. Lawrence College

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100 Portsmouth Avenue  
Kingston, ON K7L 5A6

foundation@sl.on.ca  
1-800-228-4664



## Pathway to College Just Got Wider

BY LAURA TULCHINSKY


**IT'S** not your imagination. The students walking the halls of St. Lawrence College really are getting younger.

School/College/Work Initiatives (SCWI) took a big leap forward this year as SLC has received funding to enable 271 senior secondary students from our four area school boards to take a college credit at one of our three campuses, more than double last year's number of 126 students.

Eighty-nine of those students were involved in a Level 1 Apprenticeship program - Carpentry, Hairdressing, Electrician, Plumbing and Cook. Other students were involved in programs such as Triple Play, taking a college class one or two days a week and working in a Cooperative Education placement and completing Grade 12 courses at their

home school for the remainder of the week. Activities such as "Connections" for Grade 7/8 and 10/11 students took place this spring and a Math Skills Upgrading Camp - scheduled for August 2009, to help better prepare first year students - is being planned.

"All of the activities, forums and dual credits are helping to provide a seamless transition from secondary school to college," says Pat Garrod, School Work College Initiative Program Coordinator. "We are showing secondary students and their parents, and elementary and secondary teaching staff that St. Lawrence College has outstanding programs and is a viable pathway that they should seriously consider."

Other SCWI programs include the highly successful Connections program, which brings in hundreds of area high school students, as well as students in grades seven and eight, to the college early in May for a day of hands-on experience with programs that interest them. 

## Taking the Fast-Track to re-employment

BY LAURA TULCHINSKY

**THE** Kingston and Brockville campuses are now home to two new fast-track Business programs designed to get students ready for the job market in as little as 16 weeks. The programs, a diploma in Business and certificate in Office Administration, started taking students in May.

The Business program, available on the Brockville campus offers the complete diploma curriculum providing students with the opportunity to build a strong core of business foundation skills in key areas such as accounting, marketing and human resources. Students starting in June will be job-ready by January 2010.


The Office Administration - General certificate program offered in Kingston, teaches critical job skills for today's office environment such as website cre-

ation and/or maintenance, producing flyers and newsletters, word processing, database management, and more.

"St. Lawrence College is responding to a need for flexibility to meet the requirements of the adult learner population," says Lorraine Carter, the College's vice-president, academic.

"With the increasing demand for re-training opportunities, these programs are designed to provide job-ready skills to get people back to work quickly."

These new programs are just the latest in a suite of opportunities now being offered to those who have been affected by the economic downturn. Second Career, a province-wide program of re-training in key high-need sectors such as healthcare, is seeing increasing numbers of laid-off employees return to the College.

For more information on these programs, please contact Recruiting at 1-800-463-0752, ext. 88. 

## The rise of the "Locavore"

**SUSTAINABLE FOOD COURSE CATCHES ON | BY LAURA TULCHINSKY**


**WITH** some 900 million hungry people in the world, and more than 1 billion overweight people, understanding the global food system has become a hot menu item. A new online program launched this year at St. Lawrence College will meet the rising interest in, and need for, "how to" training for local food system development that is sustainable, socially just, and economically viable.

"Colleges and universities offer courses and programs that focus on agriculture, nutrition, or restaurant management, but this is the first course that brings together all the sectors of our food system and focuses on how to transform them in a sustainable manner," says Andrew McCann, program coordinator.

The course, *Field to Fork: Introduction to Local and Global Food Systems*, is the first of its kind in Canada. The curriculum was developed in collaboration with food and farm related organizations with expertise to share, training needs to be addressed, and positions to be filled. The course looks at such topics as how do we, and how should we eat for a 21st century full of economic and ecological uncertainty? How do we build the sustainable local and global food systems that can nourish our communities now and into the future?

The first course started in January with participants hailing from Labrador to Vancouver Island. One of the important aspects of this program is the lasting networks that will be built between people working toward change in diverse sectors of the food system across the country.

The first course and program have a practical orientation and include problem-based and experience-based learning components.

To find out more about the program, see the Sustainable Local Food for All Canadians website for details: <http://www.stlawrencecollege.ca/Parttime/OnlineCredit-SustFood.htm> 



## What's eating your kids?

### 5 TIPS TO BETTER BEHAVIOUR

As adults, we know “we are what we eat” – at least in theory if not in practice. But what are the effects of poor nutritional habits on kids? Jillian Manning (CYW 2004) teaches Nutrition in the School of Community Services. She shares her top five tips for improving the health and well-being of your children.

**1. Cold & Wet is not enough.** The body needs a constant supply of fluids to avoid dehydration. Many drinks contain loads of sugar, colourings, flavourings, preservatives, acids, and caffeine, all ingredients that are unnecessary for a child to consume. Some of the ingredients in soda pop have the ability to pull important minerals from the developing bones to leave them soft and weak. Pure fruit juice is a high source of sugar, even though from a natural source. Stick to pure water, 2% milk, diluted fruit juices, and herbal teas as fluid choices for your child.

**2. Get off the Rollercoaster.** It is important that children avoid spiking and dipping their blood sugar to feel good and function in their environment. Eating a diet high in refined sugars, refined flours, and food additives will cause a roller coaster effect with blood sugar. This leads to problems with attention, aggression, poor concentration, poor memory, irritability and fatigue. Allow them to eat frequent small meals and snacks. Include plenty of whole grains, fresh fruits and vegetables, and quality proteins in their diet.

**3. Feed the Mind.** Essential fatty acids like Omega 3, 6, and 9, are incredibly important for healthy development and functioning of a child's mind. Signs of deficiency include dry skin and hair,

chapped lips, thirst, frequent urination, poor concentration and memory, trouble focusing on tasks, and learning difficulties. Sources of omegas include: oily fish like sardines, tuna, salmon, mackerel and herring, seeds like sunflower, flax, and pumpkin, and nuts like walnut, almond, and pecan.

**4. The Quiet Allergy.** Never underestimate the power that an allergy or sensitivity has on the body and mind. Not everyone reacts with classic symptoms such as hives or sneezing. Food allergies and sensitivities have been linked to fatigue, learning disabilities, slowed thinking, hyperactivity, irritability, autism, agitation, attention difficulties, aggression, depression, nervousness, and anxiety. It is possible for a child to react to anything over-consumed in the diet that their body can no longer process efficiently. Ensure that you rotate your

child's diet as much as possible. If you suspect that food is causing unpleasant symptoms, keep a food journal and look for patterns between what is eaten and the symptoms that are present.

**5. Feed Small and Often.** Make healthy choices by including plenty of water, physical activity, and a wholesome diet consisting of whole grains, lean meats, fish, seeds, nuts, and fresh fruits and vegetables. Offer healthy snacks and meals throughout the day in smaller portions to maintain a steady source of fuel for the body and mind. Rotate recipes and food ingredients to ensure exposure to a variety of nutrients and avoid the development of sensitivities. Include a multivitamin and mineral complex if you are worried about your child's nutrient levels, especially if they are a picky or restricted eater. Most importantly, lead by example! ~



*Jillian Manning is a graduate of Queen's University, St. Lawrence College, and the Canadian School of Natural Nutrition. She is currently studying Advanced Nutrition as well as working on her Master of Arts with a Community College focus. In addition to her teaching, she also sees individual clients for one-on-one Nutritional Consultations.*



# At the Branches

## Brockville Branch

### LAUGHING ALL THE WAY TO THE BANK

**THE** Brockville Alumni Branch is proud to announce that our 6th annual Comedy Night & Silent Auction raised \$1,196 for the campus Student Emergency Fund.

Another huge crowd attended the event on March 28th and were highly entertained by Yuk Yuk's stand-up comedians Tim Rabnett and Ron Josol. Both perform at comedy clubs and major comedy festivals across the country and we were lucky to have them in our town thanks to our generous sponsors. The Alumni Branch is 100% volunteer based meaning this event could not have happened without community friends like State Farm Insurance (Agent Mark Neuman), Motor Coils MFG, and the Comfort Inn Brockville.

Many in the crowd also made generous bids on a great selection of silent auction items donated by local businesses and individuals (see list below). All auction proceeds go to the Student Emergency Fund which assists students with unexpected financial needs that come with life on a student budget.

### Next event:

Our 3rd annual "GREAT NORTH COMEDY NIGHT" is being planned for the fall (date to be confirmed later this summer), featuring more great live stand-up comedy.

Individual tickets only \$12.00 each in advance! Door price will be \$15.00. ONLY 150 tickets are available so get them early because this event usually sells out! Cash bar. Adults only.

The branch is also considering hosting a CORPORATE DINNER and an early show seating. The event will raise even more funds in support our students while giving the local business community the opportunity to host employees and clients in an inexpensive night out. A minimum commitment is required before we can confirm the event, so if you or someone you know would be interested in attending this extra special performance, please contact us for more details.

### Join our contact list

Be among the first group to be offered tickets before they go on sale to the general public.

Email AlumniBranchB@sl.on.ca or call 613-345-0660, x3777 and ask to be put on our contact list. 📧

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### SPECIAL THANKS:

- Trendsetters Clothing  
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SUBMITTED BY KEITH HARE

## Children & Youth Worker Alumni Chapter

**WE'RE** finally here! After months of planning by a small but dedicated group of CYW alumni, our chapter was officially launched in February as part of the current CYW students' annual conference.

We were pleased to see about 35 alumni – spanning the years from the 1970s right up to 2007 – come out to our small launch reception in the Alumni Fireside Room at the Kingston campus. The chapter was formed with three main objectives: Enhance the Professionalism of our sector, provide Professional Development and Networking opportunities to our membership, and provide Social and Advocacy opportunities.

Membership is open to any CYW alumni – Kingston and Brockville. We encourage you to join us and help shape how your Alumni Chapter can help you! Find out more at <http://www.sl.on.ca/alumni/CYWchapter.htm> and watch your email for invitations to participate!

Thanks to the alumni who dedicated many evenings to getting us where we are: Terri McDade, Jessica Rowley, Mike Carr, Jillian Manning, Olivia Rowe-Ovens, Jessica Christie, Laurie Gray-Splinter, Janet Barr and Lee Anne Campbell. Special thanks to program coordinator Michael Burns who, along with Terri, inspired our formation.

The chapter held its first Annual General Meeting this spring and elected the executive that will carry the ball in our first year:



**President:** Lee Anne Campbell  
**Secretary:** Laurie Gray-Splinter  
**Treasurer/Finance:** Jillian Manning  
**VP Program:** Mike Carr  
**VP Communication:** Dan Roberts  
**VP Membership:** Terri McDade 📧

SUBMITTED BY LEE ANNE CAMPBELL



## Fine Arts Alumni Chapter

### ALUMNI ART GETS TWO SHOWS THIS YEAR

**IT'S** an exciting year for the members of the Fine Arts Alumni Chapter. The group, which has been primarily for participants of the part-time program, are welcoming the College's first graduates of the full-time Fine Art Program from the Brockville Campus.

All graduates –whether full or part-time – are encouraged to contact us and join the chapter. Contact Marilyn White 613-925-5050 E-mail [Mywhite@rip-net.com](mailto:Mywhite@rip-net.com) or Jean Noel 613-345- 5384 E- mail [Jeannoel@cogeco.ca](mailto:Jeannoel@cogeco.ca)


The Chapter organizes a yearly reunion and general meeting in the fall, featuring a workshop by an always-interesting instructor. Planning is underway for fall, so please keep your calendar open.



The Chapter also helps organize various exhibits of member works. In June, the FAAC will exhibit at the Brockville Arts Centre, and in September, the second Fine Arts Alumni Show will be at the MVS Gallery at the Brockville campus.

Additionally, this year 12 of our members will be receiving their Diploma in Fine Arts through the part-time program, and they, along with the

*FAAC member Denise Bowes exhibited her work at Pigments of our Imagination, the art show of the graduating Fine Arts students.*

full-time students, exhibited their work at the Pigments of our Imagination graduating students show at MVS Gallery. 

**SUBMITTED BY JEAN NOEL**



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# Alumni Echoes

**1970**

**Fetje Benoit** Legal Secretary – C

After owning and operating four Ottawa Second Cup Cafes since 1994, Fetje and her husband Maurice (Business Administration – Finance 1972), are in the process of downsizing. She participated every year in hiring employees through the SLC Job Connect & Summer Job Programs. She and Maurice have been married since he graduated in 1972 and they have two daughters and one grandson living in Montreal. After graduation they moved to Sudbury, then Dubreuville, and then Alexandria and both ended up working for the Federal Government prior to ownership of four Second Cups.



**1972**

**Paul Price** Civil Engineering - K  
Paul retired at the end of 2007 after 34 years with the former Township of Kingston and the amalgamated City of Kingston in their engineering departments. After graduation he worked for J.D. Lee Engineering Ltd. a consulting firm here in Kingston, before joining the township. In the earlier part of his career he was honored to serve on the college's Civil Advisory Committee.

Above is a picture taken at the Kingston campus at his graduation in June 1972 along with two fellow SLC grads and close friends Doug Woodman (Civil 72) on the left and Ron Nobes (Water Resources 72) on the right. The photo was taken outside the gymnasium, near where the Residences currently stand on the Kingston campus.

**1977**

**Katherine Gilchrist** Child and Youth Worker – K

Katherine remembers her time at SLC fondly and recalls her own growth from a first year student enjoying her newfound freedom, to becoming an "independent and responsible individual" who made the Dean's list in her graduating year. "I would love to get reacquainted with the many friends I had while I was a student at SLC."

**1985**

**Richard Owen** Accounting – K

When Richard graduated from St. Lawrence College after completing his final course by correspondence, he put to use all the knowledge and skills he learned throughout his career. He has been able to bring considerable skills to the table for all his employers which has benefited him greatly over the years. Richard describes learning at St. Lawrence College "was a fantastic experience" and he still remembers many of the days he spent there with his classmates "pounding all the knowledge into our heads. Who knew that it would be so useful during my work life?"

**1988**

**Gerald Bernicky**

Behavioural Science Technology – K  
Gerald had a role in establishing the BST program in Toronto and has been a part-time professor in that program since. He is also a curriculum developer to Post Graduate Certificate program in Autism & Behavioural Science.

**1991**

**Kimberly Tucker**

Hotel and Restaurant Management – B  
Kimberly credits the practical, hands-on experience in SLC's Motluck's Restaurant and during her Co-op at Banff Springs Hotel with helping her in her career, and "I gained valuable friends that even 20 years later, are still friends."

**1992**

**David Tidbury** Business Administration – C

David was recently recognized with the Hal Rogers Fellowship by the Kinsmen Club. David is a Kinsmen Governor and is only the seventh person in the history of the award to be named as a Fellow. The award recognizes individuals who, by their leadership, accomplishments and community endeavours have demonstrated the ideals of Kin Canada Founder Hal Rogers. David joined Kinsmen in 1981 and had held the position of national president in 2002/2003. The recognition should come as no surprise to his former classmates. David received the College's Humanitarian Award while at SLC.



**1990**

**Colleen Parette (Benton)**

Graphic Design – C

A mystery no more! Colleen was the unnamed woman in the photo in the last issue of Voyageur with her employer and fellow SLC grad, Rick Shaver. The two were photographed reviewing the Seaway News' fall special edition, *Cornwall Living*.

**1993**

**Habte Berhane** Medical Technology – K

Congratulations to Habte Berhane, recently recognized as Employee of the Year for the Adams County Public Hospital District No. 2 in Washington state. He was nominated by his peers, and according to an article in the local newspaper, some of the comments received in the letters were: "Works tirelessly and remains cheerful;" "Goes above and beyond in job description and work;" "Maintains professionalism throughout and continues to strive to give the best patient care possible;" and "Friend to all and esteemed coworker."

**1995**

**Douglas Mcewen** Nursing – B

Doug is working part time at Ottawa Hospital and full time for the City of Kingston Fire Rescues as a Career Firefighter. Married - to an SLC Kingston Alumna – he is a father of three and living in Smith Falls. Doug is also going back to school to complete BA Social Sciences.

**Parul Brown** General Arts and Sciences – C

Parul has been working as a social worker over 10 years, providing help and assistance to protect families and children from harm. "I love my job and I wouldn't change it for the



# Alumni Echoes

world! I am married with two children and loving life every step of the way! SLC was my stepping stone and I thank you!"

**1997**

**Mark Pearce** Law & Security – B

Mark credits the low student-to-teacher ratio at the Brockville campus was a great way to learn and helped him build a great foundation for a career in the emergency services.

"Thanks to SLC and the great teachers, I realized my dream of becoming a firefighter."

**2001**

**Nadia Colella** APR – K

Nadia has been working in the supplementary education field for five years and was very excited to open her own Oxford Learning Centre in Barrie, ON this past March. She invites Barrie area alum to how their SLC Alumni Card at the Barrie South location and receive a free Dynamic Assessment for your child! <http://oxfordlearning.com/locations/ontario/barriesouth>

**Louise Pepin** Human Resources – K

Louise believes her two years at SLC in the

Business Admin- Human Resources Management Program was a wonderful experience that she remembers with fondness. She encourages former classmates and pros to feel free to drop her a line or two at [loupin2601@videotron.ca](mailto:loupin2601@videotron.ca)

**2002**

**Christine Beaushaw** Accounting – K

Christina got married on October 4th, 2008.

**2003**

**Victoria Rooney** Personal Support Worker – B

Victoria got married last summer August 10, 2008 and has two beautiful children, Anna, 3, and Jacob, 8 months old. She is currently working from home doing marketing and is considering what other careers she would like to pursue in the near future.

**Alicia Martin-Boyle** CYW – K

Alicia married in 2004, and had her first daughter, Ireland, in 2005 and her second daughter, Nieve, in 2008. She is also now a Certified Yoga Instructor and specializes in Prenatal and Mom and Baby Yoga.

**2005**

**Richard Moore** Law & Security – B

Richard feels his SLC education "afforded me the opportunity to advance my education and to apply my studies in the law enforcement field, and opened the door to my current career as a Provincial Corrections Officer."

**2006**

**Nicholas Henderson-Todd** Police – K

Nicholas has worked across Canada with the Army both in full time and part time positions, and has since completed his Degree in Criminology, Justice and Policy Studies, and will soon be working on a Masters Degree in Securities, Defence Management and Policy Studies.

**2007**

**Dane Duhaney** Pre-Service Firefighter – B

Dane will be graduating in May 2009 as an Air-force Firefighter, and "I wish to thank all the excellent teachers, especially Captain Rutley, who influenced, taught and guided me while at St. Lawrence College."

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# Passings

**McSORLEY, Johanne** (nee Voest) - Johanne passed on Sunday, March 22, 2009, just shy of her 62nd Birthday. Loving wife of Mike McSorley of Yarker. Devoted mother of Kimberley Trenchard (David) of Oshawa, Kelly Cooper (Howard) of Courtice and Leanne Lloyd (Mike) of Whitby. Born April 12th, 1947 in Utrecht Holland where she lived until her parents immigrated to Canada in 1954 for a better life. She spent most of her married life in Ajax, Ontario. In 1996 she moved to Yarker. Her biggest accomplishments were receiving her business Accounting Diploma from St. Lawrence College in April 2001, singing in the Riverside United Church choir which she thoroughly enjoyed, and working at Professional Investments where she met so many great people and was the highlight of her working career.

**DORMAN, Donald David** - Mr. Dave Dorman at the Ottawa Hospital - Civic Campus on Monday November 17, 2008 at the age of 66 years. Dave was a Graduate of RMC class of 1967 B.Sc. Engineering; Retired Professor at St. Lawrence College; Coach/coordinator of the Cornwall Legion Cougars Track Club for 38 years, and was also in-

ducted into the Cornwall Sports Hall of Fame. Beloved husband of 42 years to the former Marilyn McCann. Loved father of John-David Dorman (Lisa) of Ottawa, and Andrea Dorman of Cornwall.

**LÉGER, Guy Roger** - After a courageous battle with cancer, Mr. Léger passed away at the Ottawa Hospital, on Tuesday, November 4, 2008, a few days after his 69th birthday. Mr. Léger, a city counsellor, served initially from 1972 to 1974, and again for four more terms from 1981 to 1991. He was elected for a sixth term in 2006. Most of his career was spent teaching business and computer courses at St. Lawrence College. Beloved husband and best friend for 45 years of Lise Benoit-Léger (school trustee, CEPEO). Loved father of Claudine Léger (Marc Doucet) of Ottawa and Dr. Chantal- Stéfanie Léger (Dr. Robert Stenstrom) of Vancouver.

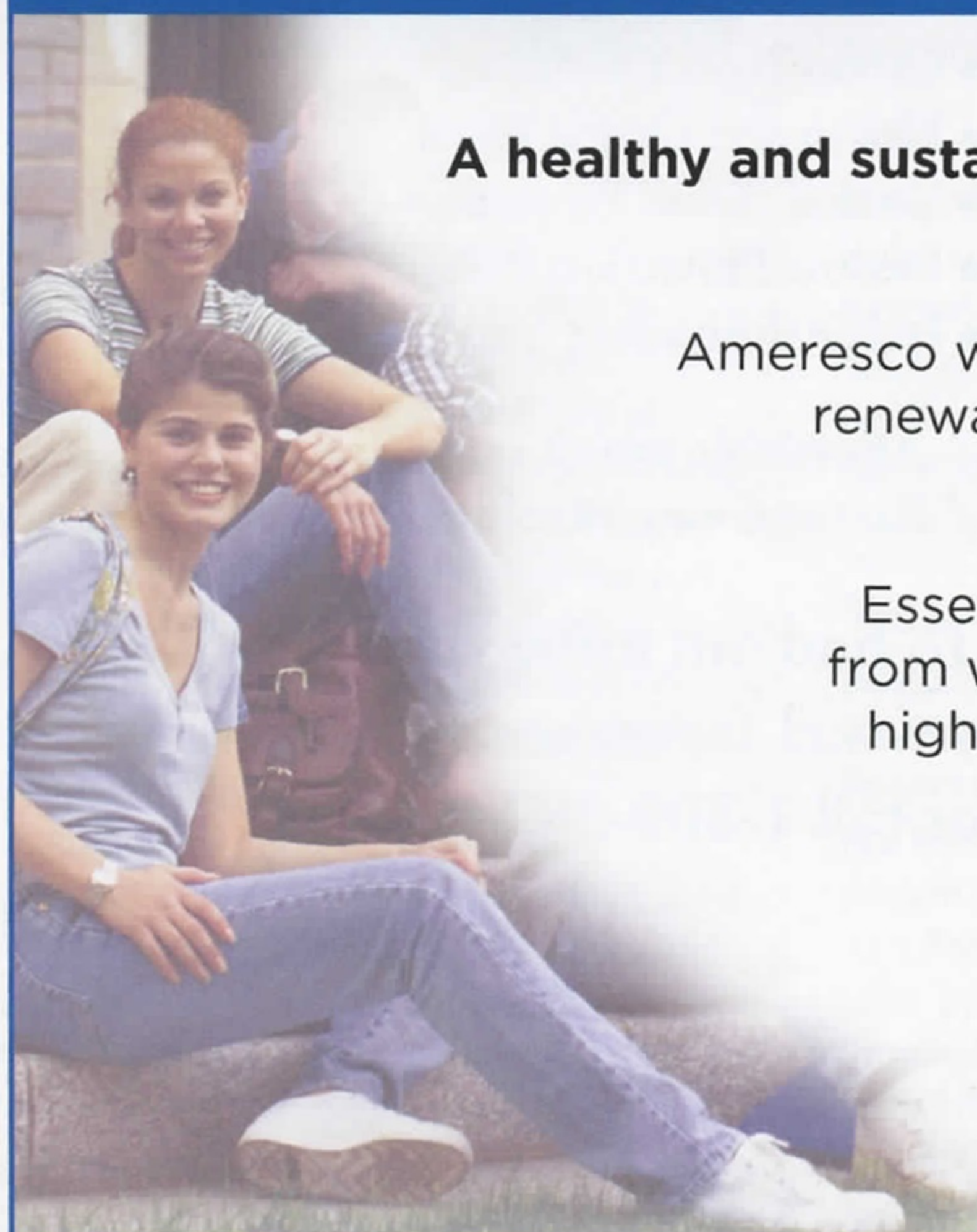
**GRAY, TERRY KARL, T.G.** - Uncle T January 19, 1964 - August 22, 2008 Terry was born in Kingston, Ontario at KGH, January 19, 1964 and made his home in the Morven area for most of his life. Terry attended college in Canton N.Y. and graduated with a diploma in Animal Husbandry. A few years later, Terry returned to

school at St. Lawrence College, Kingston and graduated with a diploma in Business Administration in 1989. Approximately 15 years ago, Terry bought two lawn care businesses and formed Total Turf Care. Being a people person, Terry made the decision to become a Realtor and was employed Wagar and Myatt Ltd Real Estate brokers. He spent about 8 years in this business until ALS forced him into a wheelchair. In 2001 he purchased a 200 acre farm on Sharpe Rd. and enjoyed every moment, first being actively involved and later directing and observing as his Dad carried out the tasks.

**FUCHS, Terry David** - Kingston, Ontario. June 23, 1949 - April 6, 2009. Former professor, St. Lawrence College. Son of the late Harold and Helen (nee Pfander) Fuchs, Cambridge, Ontario. Brother of Karen and Richard Willetts, Cambridge. Uncle of Alison (Josh) and Greg, Cambridge. Loved reading, writing, teaching, swimming, canoeing, hiking, walking, lakes, beaver ponds, woods, rock, cottages, being with family, friends, and students, being alone.

*Passings are compiled from obituaries published in Ontario newspapers. Edited for length.*

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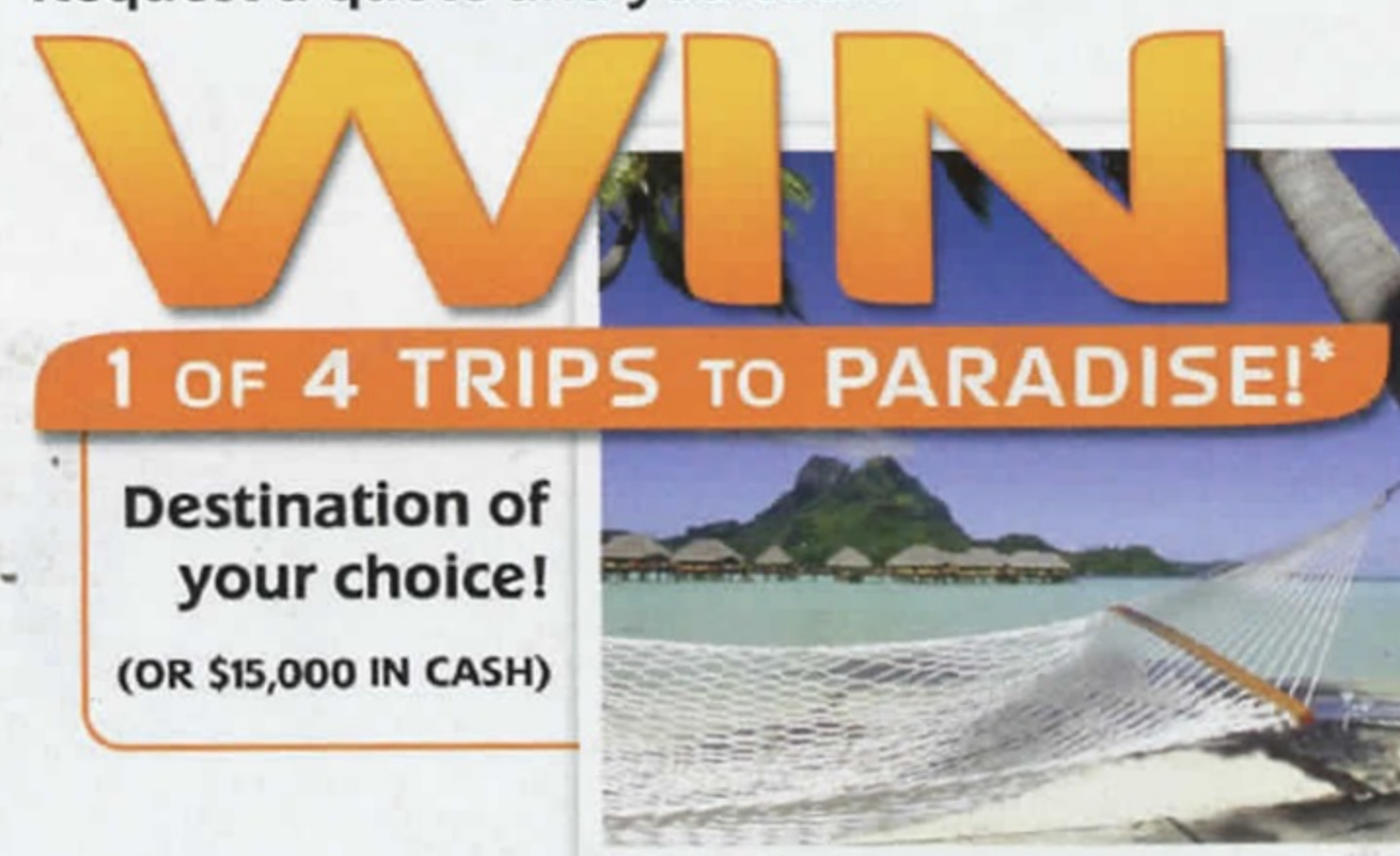
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